

CALIFORNIA INTERNATIONAL MARATHON

EXPO SPEAKER SCHEDULE

FRIDAY, NOVEMBER 30

1:00 p.m.

[How to Run the CIM: Expert Panel Discussion](#)

Moderator:

Deirdre Fitzpatrick KCRA News Anchor, 15-Time CIM Finisher, SRA Board Member, 2-Time Ironman Finisher, 3:39 Marathoner

Experts:

Eli Asch CIM Race Director

Charlie Brenneman 4-Time CIM Finisher, Top Local Finisher 2010, 2:26 Marathoner, CIM Official Training Program Coach

Rich Hanna 2:17 Marathoner, 50k National Age Group Record Holder, CIM Age Group Record Holder, 12-Time CIM Finisher

Karyn Hoffman 19-Time CIM Finisher, 3:55 Pace Team Leader, 3:25 Marathoner, Ironman Santa Cruz AG Winner, 2018 Ironman Championships

Judd Van Sickle, Jr. MS UC Davis Sports Medicine - Director of UC Davis Sports Performance Program

4:00 p.m.

[Official CIM Pace Team: Panel Discussion](#)

Moderator:

Lee McKinley Pace Team Manager, 3:35 Pace Team Leader, 13-Time CIM Finisher, 2:58 Marathon PR, 105 Ultramarathons Completed

Leaders:

Tim Twietmeyer 3:35 Pace Team Leader, 35-Time CIM Finisher, 2:36 Marathon PR, 15 Top-5 Finishes at Western States 100-Mile Endurance Run

Scott Vosburg 4:00 Pace Team Leader, 9-Time CIM Finisher, 3:15 Marathon PR, 3 Western States 100-Mile Endurance Run Finishes

Katy Gifford 4:20 Pace Team Leader, 11-Time CIM Finisher, 4:00 Marathon PR, Multiple Ultramarathons and 100-Milers

5:30 p.m.

[Rambling Runner Podcast](#)

Moderator:

Matt Chittim Guest:
Sarah Crouch Top American at 2018 Chicago Marathon

SATURDAY, DECEMBER 1

10:00 a.m.

[Official CIM Pace Team: Panel Discussion](#)

Moderator:

Lee McKinley Pace Team Manager, 3:35 Pace Team Leader, 13-Time CIM Finisher, 2:58 Marathon PR, 105 Ultramarathons Completed

Leaders:

Linh Nguyen 3:45 Pace Team Leader, 8-Time CIM Finisher, 3:23 Marathon PR, 40-Time Marathon Finisher

Karyn Hoffman 3:55 Pace Team Leader, 19-Time CIM Finisher, 3:25 Marathon PR, Ironman Santa Cruz AG Winner, 2018 Ironman Championships

Scott Vosburg 4:00 Pace Team Leader, 9-Time CIM Finisher, 3:15 Marathon PR, 3 Western States 100-Mile Endurance Run Finishes

11:30 a.m.

[USATF Marathon Championships: Bib Reveal and Elite Panel Discussion](#)

Moderator:

Kevin Selby CIM Elite Announcer

Panelists:

Top 10 Men, Top 10 Women Bib Reveal

Top 3 Men, Top 3 Women Panel Discussion

1:00 p.m.

[How to Run the CIM: Expert Panel Discussion](#)

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Deirdre Fitzpatrick KCRA News Anchor, 15-Time CIM Finisher, SRA Board Member, 2-Time Ironman Finisher, 3:39 Marathoner

Experts:

Charlie Brenneman 4-Time CIM Finisher, Top Local Finisher 2010, 2:26 Marathoner, CIM Official Training Program Coach

Karyn Hoffman 18-Time CIM Finisher, 3:57 Pace Team Leader, 3:25 Marathoner, 50+ Marathon Finishes, 14-Time Ironman Finisher

Tim Tollefson Mammoth Performance Lab Director, 2:18:26 Marathoner, U.S. 50k Trail Champion, 2-Time U.S. Olympic Trials Qualifier

Scott Abbott Sacramento Running Association Executive Director

2:30 p.m.

[Rambling Runner Podcast - Striving and Achieving Marathon Goals](#)

Moderator:

Matt Chittim Guests:
Jill Deering - Co-Founder of Rabbit and Mountains 2 Beach Marathon Champion

Kimberly Clark Underwood - Shooting for a Sub-3:00 at CIM

Patrick Cutter - 2:36 Marathoner

Heather Schulz - Elite Masters Runner

PRESENTED BY UC DAVIS CHILDREN'S HOSPITAL